

Self-Testing and 1-Person Results

By Eric Scheuneman 2018-06-11

I understand the professional and scientific difficulties in transferring laboratory results to the human body - and the reluctance to accept self-testing and 1-person results. However, these results on my body are so strikingly comparable to the laboratory study that I believe one should recall two historical precedents.

Edward Jenner developed the world's first successful vaccine - by testing on one individual and final testing on 23 people - leading to vaccines saving hundreds of millions of lives through the following 222 years.

Barry Marshall self-tested in 1984 by infecting himself with *H. pylori* bacteria and then treating himself with antibiotic - to prove the cause and cure for gastric and peptic ulcers. He endured much ridicule for his work. This experiment was published in 1985 in the *Medical Journal of Australia* and is among the most cited articles from the journal. And eventually led to the 2005 Nobel Prize in Physiology or Medicine!

Scheuneman Protocol can easily and quickly be used by individuals or tested on groups of people.

The potential is great - with minimal risk, time or cost!