

**Tim Snyder Experience**  
as of 2018-07-19

I was bitten over 11 years ago and have suffered from Lyme Disease<sup>1</sup> ever since. When a friend sent me the info on stevia ([www.eric-lyme.ca](http://www.eric-lyme.ca)), my expectations were not real high, but it was a short, cheap and easy protocol (*Scheuneman Protocol*) to do, so I did it back in April 2018.

I followed the instructions exactly (*Scheuneman Protocol - Symptoms*) and I Herxed<sup>2</sup> continually through the whole protocol. Within the first 2 or 3 days I realized there was a lot more to it than I was expecting. Then the switch from the NOW brand to the NutraMedix brand made it clear this was serious stuff because there was a very noticeable difference in my body's reaction when I switched brands.

At the last week of the protocol, my Bartonella<sup>3</sup> flared up quite severely. I wasn't sure if that was just a flare up or if it was a Herx triggered by the stevia, so I continued taking the stevia until it was all used, which was about 6 extra days of the NutraMedix and then back to the NOW brand for about another 10 days. The severity of the Bartonella did decrease by the time I finished the stevia, but remained active for another 5 or 6 weeks before it calmed down and went back into remission.

My results are 100% attributable to stevia because I am not under a Dr.'s care so I had no access to doxycycline.

I have learned to never use the word "cured" in relation to Lyme, but my results were amazing. I did over 3 years of treatment on antibiotics with a doctor, and I never, at any point during that treatment, felt as good as I do today. The few symptoms I have left are so minor, they might possibly be just residual as they seem to be getting better as time goes on. Currently, I am feeling very well.

At this point I have nothing but very good things to say about stevia. I won't use the term cured because I have no idea how long this will last. Maybe the Lyme was just pushed into remission, who knows? Even if it does turn out to be temporary, it is still significant. I would recommend to anyone who has Lyme - regardless of how long they have been infected - to try this.

**Update**  
2020-07-26

My Lyme Disease symptoms returned in late August 2019 and I used *Scheuneman Protocol* for NutraMedix Stevia in late September 2019 which calmed things down

In mid-January 2020 some symptoms started showing up so I thought it might be helpful to use stevia as a maintenance program with a lower dose over a longer time period. I did 15 drops twice a day of NOW Original Stevia for a month - and then 15 drops of NOW in the morning and 15 drops of NutraMedix Stevia in the evening for a month.

I was going to continue for a third month but I started to have stomach issues and I realized that I should have been using a probiotic for an extended protocol - so I stopped the Stevia and started a probiotic (which I still use every day). After doing that I started feeling very well. No issues at all. Based on the results, I think a lower-dose longer-duration protocol might be a better option for long-term chronics like myself,

I've done the full Stevia *Scheuneman Protocol* 3 times now and each time I have herxed significantly usually starting about day 3 and continuing for the duration of the protocol. Each time it helps significantly and has given me more relief than the pharmaceutical antibiotics ever did - but I have been infected for 14 years now and a full cure seems to be out of reach for me.

<sup>1</sup> Lyme (Disease) is caused by the specific bacteria *Borrelia Burgdorferi* which is killed by the *Scheuneman Protocol* using two specific stevia formulations.

<sup>2</sup> Herx is a die-off reaction that can occur when Lyme and other bacteria are being killed off during treatment. This can result in worsening of such symptoms as fatigue, brain-fog, muscle/joint/nerve pain, chills, sweats and minor diarrhea.

<sup>3</sup> Bartonella is a bacteria that is sometimes found in people with Lyme Disease and is viewed as a co-infection with *Burgdorferi*. The website above offers Table 3 on page 11 of Reference (1) which shows 5 antibiotics used in Germany as treatment.